

Easter Movement Activities

Easter egg hunt:

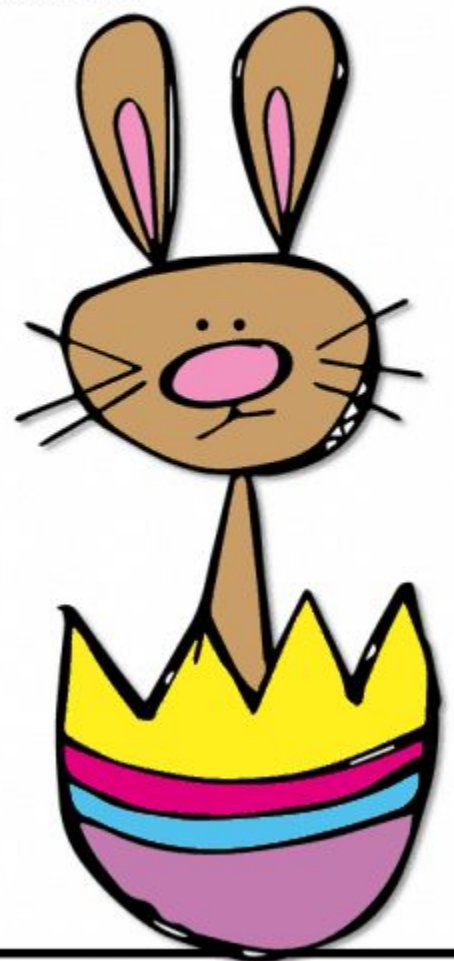
You could combine this movement activity with an art activity by having kiddos make the eggs that you hide. They can be hard boiled coloured eggs, paper mache eggs, painted rocks that are shaped like eggs. You can add a literacy element by making it a scavenger hunt with clues that need to be read.

Hoppy hunting!!

THE EASTER BUNNY SAYS...

Read the following commands. Say "The Easter Bunny says...". Occasionally omit the phrase and tell students just to do the activity. If they do it when the Easter Bunny didn't say to, they're out.

- Touch your toes
- Hop up and down
- Spin in a circle
- Sit down
- Stand up
- Jog in place
- Touch your knees
- Cluck like a chick
- Sit on your knees
- Act like a monkey
- Hug a friend
- Tap your nose
- Pull your ears
- Tap your head
- Flap your arms
- Hug yourself
- Dance in place
- Rub your tummy
- Sing a song
- Whistle
- Clap your hands
- Rub your back
- Tap your feet
- Gallop like a horse
- Jump rope
- Bend your knees



Brain Breaks: Easter

Print and cut apart. Put these brain break strips in plastic eggs. Put eggs in a basket. When your students get the wiggles, choose a volunteer to pick an egg from the basket.

Hop like
a bunny.



Spin like
an egg.



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Hide
eggs



Paint an
egg.



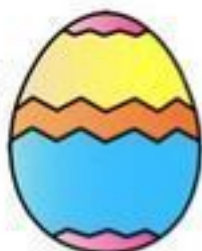
Wiggle your
bunny tail.



Flap your
wings like
a chick.



Wobble like
an egg.



Scratch the
ground like
a chick.



Hatch from
an egg.



March in
the Easter
parade.

